















May 2026

- Church Service
- Shopping Trip
- Resident Outing
- Music Performance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		BIRTHDAY WISHES TO OUR RESIDENTS! Pete T. 05/12 Doris S. 05/18 Janet W. 05/20	BIRTHDAY WISHES TO OUR STAFF! Reggie 05/15 Stapelia 05/31		National Chocolate Parfait Day 1 10:00 SITTERCISE! 2:00 MUSIC WITH WALTER FREDRICKS  3:30 SUNDAE ON A FRIDAY 4:00 GAINES PARK DERBY & TRIVIA	Kentucky Derby Day 2 10:00 SITTERCISE! 2:30 BINGO 4:00 HYMN STUDY With Jorja & Bill 7:00 KENTUCKY DERBY WATCH PARTY -FH
National Lemonade Day 3 2:00  CHURCH SERVICE WITH NEW SALEM	National Bird Day 4 10:00 SITTERCISE! 11:00 BIBLE STUDY WITH LOST MOUNTAIN 2:00 BINGO 3:30 NATIONAL BIRD DAY: NAME THAT BIRD!	Cinco De Mayo 5 10:00 SHAKE IT UP BABY EXERCISE! 12:00 CINCO DE MAYO-THEMED LUNCH 2:00 BINGO 3:30 CREATIVE CHEFS: DESSERT QUESADILLAS	4 10:00 SITTERCISE- BALLOON VOLLEYBALL 1:30 GLAMOUR NAILS 4:00 POKENO	6 10:00 MUSIC WITH THE SWEET SPIRIT SINGERS - FH 12:00 MUSIC WITH MT. PARAN JAZZ BAND 2:00 BINGO 3:30 CRAFT-N-CREATIONS: FLOWER INITIALS	National Have a Coke Day 8 10:00 SITTERCISE! 1:30  SHOPPING TRIP: DOLLAR TREE *Sign Up Req. 3:30 SUNDAE ON A FRIDAY 4:00 NATIONAL HAVE A COKE DAY: HISTORY & TRIVIA OF COCA COLA	9 10:00 SITTERCISE! 2:00 MOTHER'S DAY TEA 4:00 HYMN STUDY With Jorja & Bill
Mother's Day 10 2:00  CHURCH SERVICE WITH BIBLE BAPTIST CHURCH	11 10:00 SITTERCISE! 10:45 MONDAY MORNING UPDATES & BIBLE STUDY W/ TYNESHA 2:00 BINGO 3:30 SILLY BEAN AUCTION W/ WENDY FROM TRINITY HOSPICE	12 10:00 SHAKE IT UP BABY EXERCISE! 2:00 BINGO 3:30 CRAFT-N-CREATIONS: SPRING BOOKMARK MAKING	13 10:00 SITTERCISE- BALLOON VOLLEYBALL 11:30  LUNCH BUNCH TRIP: FIRST WATCH *Sign Up Req. 1:30 GLAMOUR NAILS 4:00 POKENO	14 10:00 SHAKE IT UP BABY EXERCISE! 2:00 MUSIC WITH ROGER BACH - FH 3:30 BINGO	National Chocolate Chip Day 15 10:00 SITTERCISE! 2:00 GROUP CROSSWORD -FH 3:30 SUNDAE ON A FRIDAY 4:00 CURRENT EVENTS DISCUSSION	16 10:00 SITTERCISE! 2:30 BINGO 3:30 DEBBIE BOYD'S PIANO STUDENTS SPRING RECITAL - FH
17 2:00  CHURCH SERVICE WITH ST. STEPHEN'S UNITED METHODIST	18 10:00 SITTERCISE! 11:00 BIBLE STUDY WITH LOST MOUNTAIN 2:00 BINGO 3:30 CRAFT-N-CREATIONS: MEMORIAL DAY CANVAS PAINTING	19 10:00 SHAKE IT UP BABY EXERCISE! 2:00 BINGO 3:00 RESIDENT COUNCIL MEETING	20 10:00 SITTERCISE- BALLOON VOLLEYBALL 1:30 GLAMOUR NAILS 4:00 POKENO	National Strawberries & Cream Day 21 10:00 SHAKE IT UP BABY EXERCISE! 2:00 BINGO 3:30 VIOLINS & VOCAL FOR VETERANS - WITH ANDY MCGILL	22 10:00 SITTERCISE! 1:30  SHOPPING TRIP: WALMART *SIGN UP REQ. 3:30 SUNDAE ON A FRIDAY 4:00 GROUP JEOPARDY!	23 10:00 SITTERCISE! 2:30 BINGO 4:00 HYMN STUDY With Jorja & Bill
24 2:00  SUNDAY SERVICE WITH GATEWAY BAPTIST	Memorial Day 25 10:00 SITTERCISE! 10:45 MONDAY MORNING UPDATES & BIBLE STUDY W/ TYNESHA 12:00 MEMORIAL DAY COOKOUT 1:30 GAINES PARK FIELD DAY 3:30 BINGO	26 10:00 SHAKE IT UP BABY EXERCISE! 2:00 RESIDENT BIRTHDAY CELEBRATIONS WITH BILL GLEESON! 3:30 BINGO	National Grape Day 27 10:00 SITTERCISE- BALLOON VOLLEYBALL 1:30 GLAMOUR NAILS 4:00 POKENO	28 10:00 SHAKE IT UP BABY EXERCISE! 2:00 BINGO 3:30 FRONT PORCH LEMONADE SOCIAL	29 10:00 SITTERCISE! 2:00 CRANIUM CRUNCHES: WORDS THAT START WITH...! 3:30 SUNDAE ON A FRIDAY 4:00 ARMCHAIR TRAVELER - Surprise Destination! 6:00 FAMILY BINGO NIGHT!	National Water a Flower Day 30 10:00 SITTERCISE! 2:30 BINGO 4:00 HYMN STUDY With Jorja & Bill
31 2:00  CHURCH SERVICE - TBD						

